



'If you eat, you're in'

Our history

It all started in Todmorden (in Yorkshire) in 2008 when the Incredible Edible network was set up, and in 2012 Incredible Edible Lambeth was established as a Community Interest Company.

We are celebrating our 11th birthday this year, nearly teenagers...!!!



Our aim

was to galvanise people and communities through growing and celebrating food.

- We wanted to encourage people to look at their local patch and see how they can transform it into a food growing space.
- We wanted to support a local food economy that thrives, employs more local people and keeps money in Lambeth.



Our vision

Our vision is to create a localized food network providing an abundance of affordable, nutritious fruit and veg, with a food growing space within 100 metres of every home



Our members

There are **120 group members** and beneficiary groups growing food in Lambeth

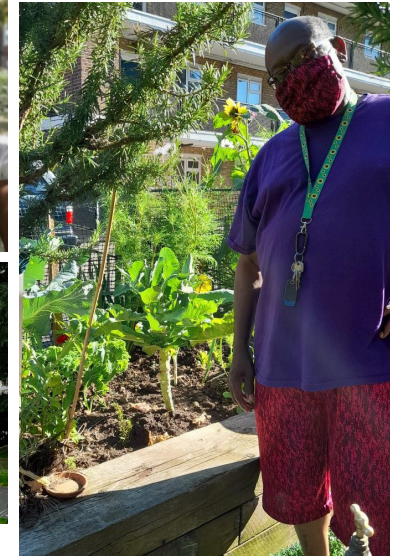
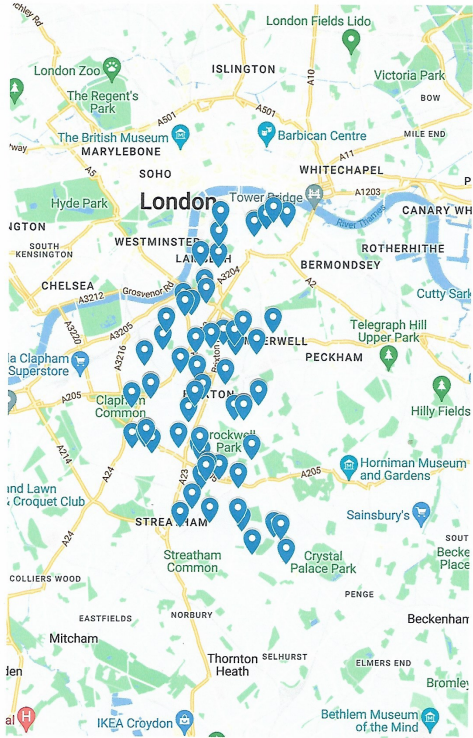
562 individuals have signed up as IEL members

Group members 2023

group members postcodes.xlsx

All items

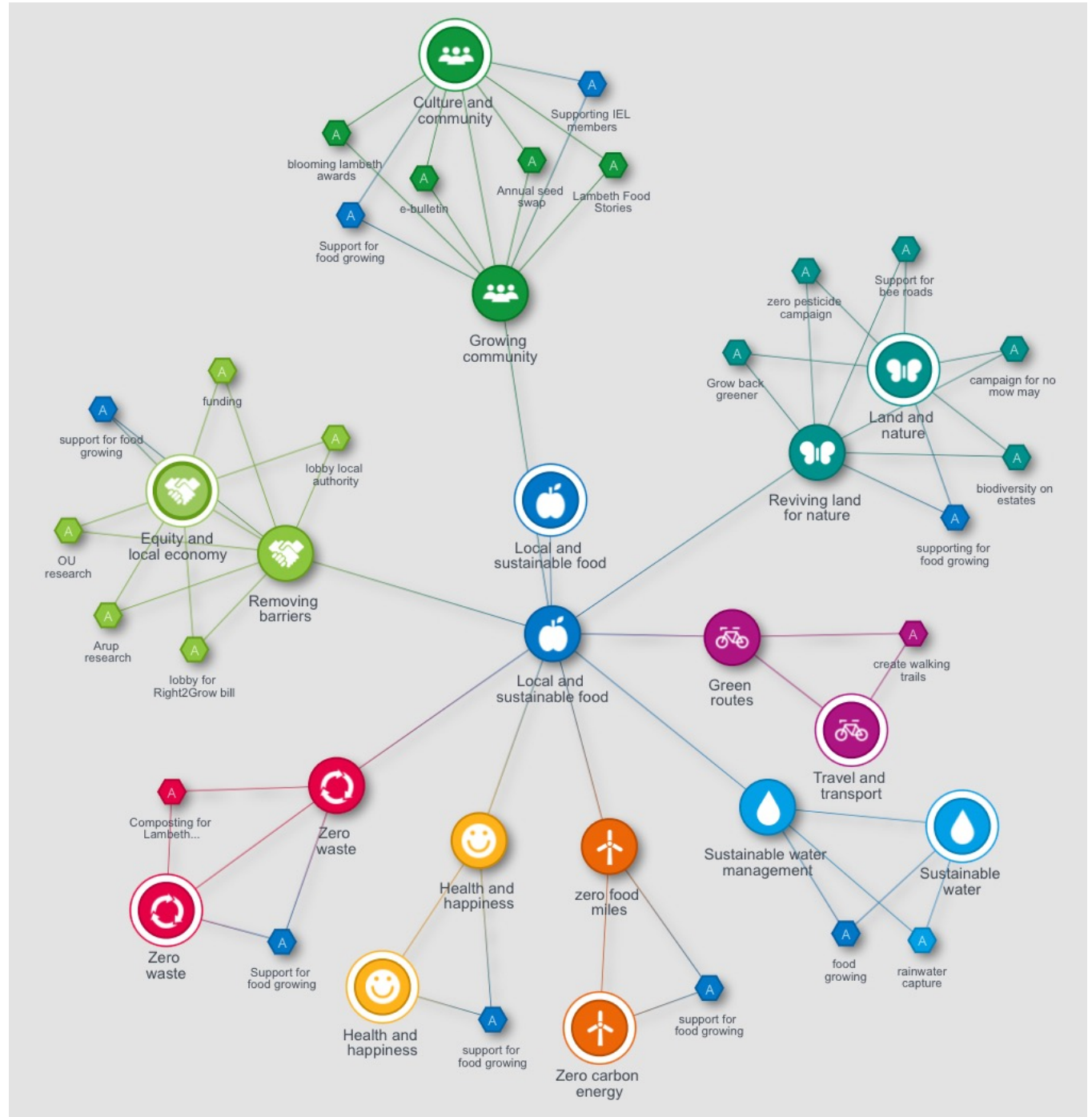
A map of IEL group members in July 2023



Our goals

We have matched our goals against the UN Sustainable Development Goals and Lambeth Council's goals

We use One Planet to map our progress
One Planet helps us map and join up



What we do

- Monthly ebulletin

we have over 1000 and have a 60% open rate

- Annual seed swap

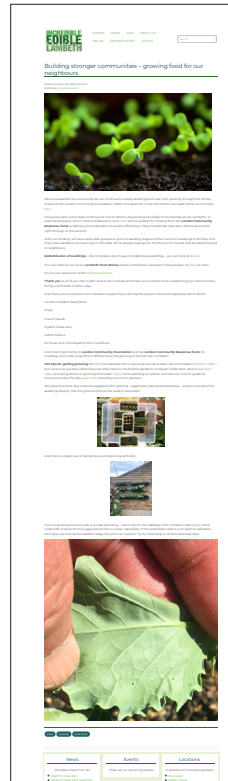
we had nearly 100 people attended in 2023

- Blooming Lambeth Awards

(28 winners in 2023 in 8 categories with over 3000 votes in the 4 public categories)

- Campaigning

We campaign for the Right to Grow food on land in the public realm (We lobbied to stop the use of pesticides on our streets and open spaces, we also lobbied our councillors and officers over 5 years to bring in these changes to help wildlife and our health. We are part of the No Mow May campaign.



INCREDIBLE EDIBLE LAMBETH

A joint plan with EL and Lambeth Council: Promoting safe and sustainable alternatives to hazardous pesticides

Pesticide free Lambeth

A campaign to eliminate pesticides and herbicides from Lambeth.

We all know that we are experiencing a devastating decline in our wildlife - from bees to butterflies, sparrows to hedgehogs. One significant reason for this decline is the use of chemicals on verges, shopping centres, schools and green spaces. These have also been linked to an array of health problems - with the young, the elderly and pregnant women amongst the most vulnerable. These chemicals also contaminate our water supplies.

68% want their local schools, parks, playgrounds and other open spaces to be pesticide free*
38 different types of pesticide are used in UK towns and cities in recent survey (see also page 17% of your water bill is the cost of removing pesticide from our water systems.

We can change this by jointly working to improve our environment by:

- Reducing and ultimately ending the use of all pesticides (for the most part herbicides) by the Council, its officers and contractors on all land that is directly or indirectly under its control.
- Bringing in other key stakeholders to follow suit in ending the use of pesticides on their land.
- Encouraging the general public to stop the use of pesticides in gardens, allotments and other areas.

Making Lambeth a Pesticide Free Borough - a healthier place to live.

Councillor Claire Holland,
Cabinet Member for Environment and Clean Air

"Lambeth was one of the first councils to ban the use of pesticides in our parks and open spaces but we recognise that we still have further to go. Whilst our parks and open spaces are pesticide free, our housing estates and highways are not. I, along with all of my colleagues in Lambeth Labour, have taken the pesticide-free pledge and I welcome the opportunity to work with Incredible Edible Lambeth and its members to end the use of pesticides in our borough."

*See the poll on the EL website: <https://www.incredibleediblelambeth.org/news/pesticide-free-lambeth>
You might like to know that there is a 'London pledge' at: <http://www.park.org.uk/pesticide-free-london-pledge>



INCREDIBLE EDIBLE LAMBETH

Blooming Lambeth Awards 2023
WINNER
Kathleen McCann, Moorlands

Best Resident-led Community Garden

Lambeth

Our past projects

- Grow back greener

Project 2020-22

Funded by Mayor of London's fund

We provided 6 groups with mentoring and funding to design and install new gardens, and to improve biodiversity and food growing with ways to look after the land around us
We drew up a Template of Engagement between Lambeth and food growers

Grow Back Greener projects:

- * Myatt's Fields South
- * Ethelred
- * Holland Town
- * Vauxhall Gardens
- * Central Hill
- * St Martin's Estate



INCREDIBLE EDIBLE LAMBETH Grow back greener **AWARD**

Chalice Way's Green corner

These space has been transformed by nearby residents to make the space more enjoyable for everyone!
Together we want to make our estate more beautiful and enjoyable... We want to create spaces that create occasions for the community to get together... We want to see more green and less grey!
If you'd like to do the same where you live, or if you have a place you'd like to improve, and would love to get involved, we would like to hear from you.

Scan the QR codes to know more or send us a text or email!
Contacts: Scan: St Martin's webpage on IEL's website. Scan: St Martin's TRA's blog
Email us at: Perry.Tole@imlvh.co.uk
Text us at: 07526324172



Template of engagement for biodiversity and food growing on our estates February 2021

Our Vision
We want to see residents connect with the land around them, bringing people together and creating real value from the spaces we share, for both community and wildlife. We want to see the land managed for optimum biodiversity, increased opportunities for all residents to garden and grow food, and for these spaces to be beautiful and enjoyed by everyone.

Managed in this way, estate green spaces will contribute to Lambeth Council's carbon reduction targets supporting the Climate Change Action Plan, improve the health and wellbeing of estate residents supporting Lambeth Council's Health and Wellbeing Strategy, reduce pollution, support Lambeth Council's Food Poverty Action Plan, increase pollinator numbers supporting Lambeth Council's Biodiversity Action Plan, save money and build more caring communities.

Resident Consultation
This document came about because Incredible Edible Lambeth was approached by numerous residents from different estates who were unhappy about how their land was being managed for convenience, rather than for people and planet.

IEL secured funding from the Mayor of London's Grow Back Greener fund to carry out a consultation with residents across six housing estates to discuss how their estate land could be managed differently for the community, for biodiversity and for food growing. Over the past four months, we have met regularly via zoom to collect qualitative data that informs this document.

Our past projects

- 2021 Virtual seed swap

Project 2021

Funding :The London Community Foundation

Along with several of our partners and our local gardens and gardening groups we were able respond to Lambeth's communities affected by the Covid-19 pandemic with a focus on food security and health and wellness.

2021 Virtual Seed Swap

- Seeds sent via post due to Covid
- Franchi Seeds provided IEL with a generous donation
- Sent 31 varieties of vegetables which we split into over 1400 individual seed packets to distribute
- Included at least one package of "Real Seeds" for seed saving
- Included seeds from previous year's seed swap as well
- Provided seeds and seedlings to over 100 households, 8 schools, 20 community gardens and 4 Lambeth Estates

Winter Seedlings

Over 2000 seedlings grown by Myatt's Fields Park for IEL members.

We grew: Mizuna Spinach Spring Onions, and Spring Cabbage




Our past projects

- Food Stories


Project 2020-22

During Covid we put together a series of zoom seminars on a range of topics and invited guest speakers to come and discuss their views




Food stories from Lambeth under Covid-19

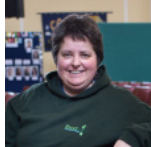
Incredible Edible Lambeth has witnessed so many people stepping up in the face of a food emergency over the past ten weeks. Hear their stories and understand the challenges facing our communities.




Tracey Ford,
JAGS Foundation



Candice James,
Loughborough Community Centre
at Max Roach



Elizabeth Maytom,
Norwood and Brixton
Food Bank




Jojo Sureh,
Cook to Care

THURSDAY
18TH JUNE
5.30PM

+ other speakers

Webinar format on zoom
<https://us02web.zoom.us/j/87034751362?pwd=dTBneGdVzlMck9NM0VmMjNnamJ2dz09>
or via the website with Meeting ID: 870 3475 1362, Password: 112373



Food stories from Lambeth under Covid-19

Incredible Edible Lambeth has witnessed so many people stepping up in the face of a food emergency over the past six months. Hear their stories and understand the challenges facing our communities.

Bee Taylor
Learner plot at Streatham Common Community Garden

Alex Butt
Edible Marsh project, Waterloo

Cleo Cantone
Growing for our Community first time grower

Robert Finlay
Oaks Avenue community growers


Jean Kerrigan
Brixton Windmill

Victoria Sherwin
Myatts Fields Park

Wednesday
23RD SEPT
4to5PM

+ other speakers

Webinar format on zoom
<https://us02web.zoom.us/j/84160242973?pwd=U2FRNHhldDZlNkN5SFBlYkAwZWVjQT09>
on eventbrite at <https://www.eventbrite.co.uk/mevenet/eid/120183597375>



Food stories from Lambeth

Incredible Edible Lambeth invites you to the latest zoom talk:

Sukant Chandan
Grow the Community, Vauxhall

David Dandridge
Chair of Clapham's Bandstand Beds

Carey Ostrer
Caldwell Gardens Estate

Helene Schulze
Regional Co-ordinator,
Seed Sovereignty programme

Katie Dow
Post doctorate researcher into
seed saving at Cambridge University

Patrick McCabe
Rosendale Community Kitchen
Garden and Orchard


Fabrice Boltho
Myatts Fields Park

Tuesday
20TH OCT
6to7PM

+ other speakers


Book your place by visiting Eventbrite search for 'Saving Seed - stories from Lambeth Food Growers

Saving Seed - stories from Lambeth Food Growers.
Why does it matter if we save seed? Find out here!




Another food story - tackling the Biodiversity Emergency (and why it matters to us as food growers)


Join **Incredible Edible Lambeth** for this conversation about the collapse of our insect life and how we can work to reverse the trend. Hear our speakers' stories, understand the challenges facing us and bring your experiences to the conversation




Prof Dave Goulson,
Biologist and Author



Judy Ling Wong,
London National Park City



Nick Mole,
Pesticide Action Network



Sophie Leguil,
More than Weeds

Thursday
16TH JULY
5.30PM

+ Iain Boulton
Lambeth Council

Webinar format on zoom
<https://us02web.zoom.us/j/88159790593?pwd=WmlrQ2QyejBmZHNUS3BwWm9kZGh3bTJ3UT09>
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Our latest projects

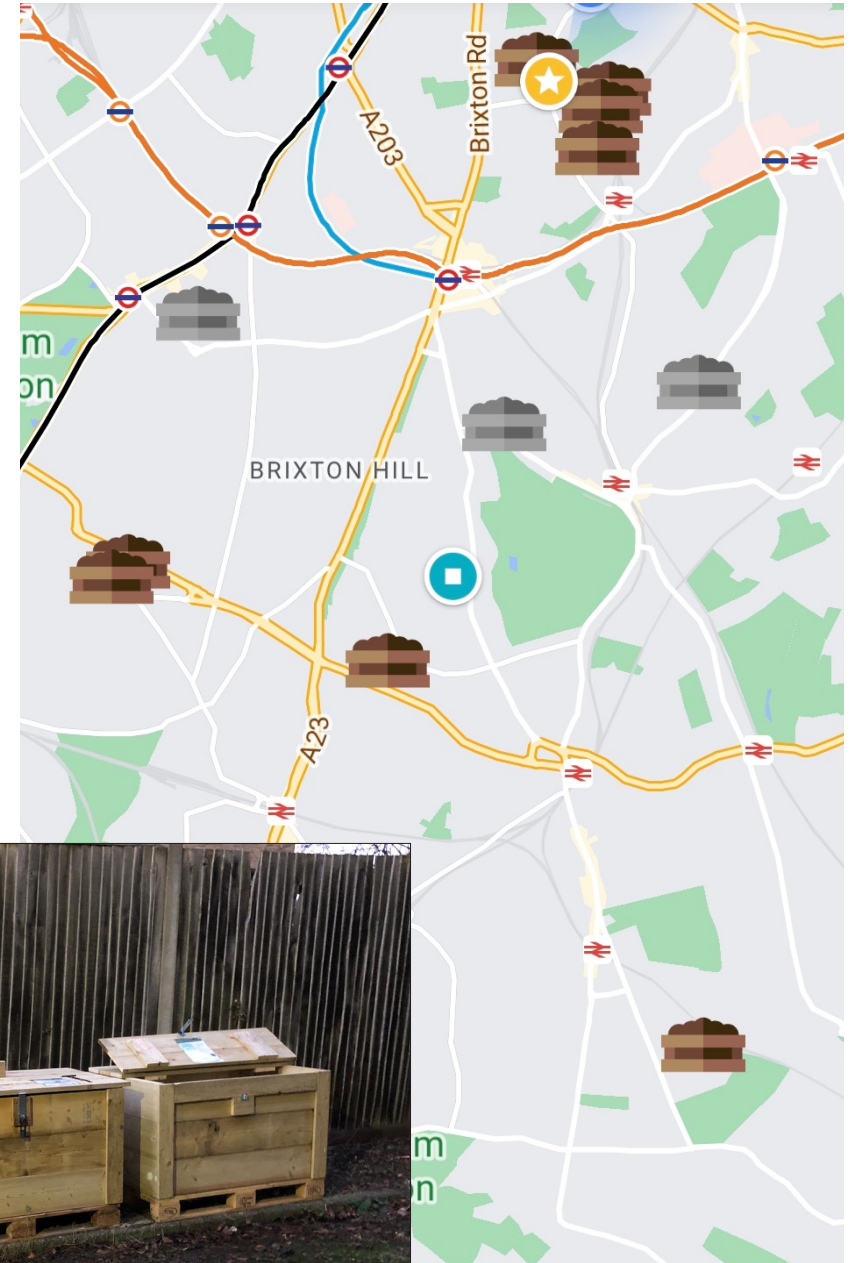
- Zero waste

Composting project 2022-24
Funded by CAF (Climate Action Fund)

Installed compost bins on 11 estates

Supporting groups to engage people including providing funding for events, upskilling in social media, poster design, how to set up a TRA

- * Poynders Garden Estate
- * Agnes Riley Garden
- * Paulet Rd (2 locations)
- * Gordon Grove
- * Myatts Field South
- * Benton Lane
- * Dorchester Court
- * Nelson Row
- * Brockwell Park Estate
- * St Martins Estate



Our latest projects

- TFL Walking maps

Project 2022-24

Funded by Groundwork and TFL :Walking & Cycling Grants London (WCGL)

To produced 2-3 walking maps

The Challenge:

Get people walking in their area- taking side or quiet roads through green spaces they didn't know about, get out into nature, see what is happening in your neighbourhood.

Walking is carbon and emission free, so it is good for London's environment and good for walkers too!

Ditch the car for short trips and walk or cycle instead.

The science shows that if every Londoner walked for 20 minutes each day, there would be £1.7bn savings to the NHS in treatment costs over 25 years.

When things feel mentally tough, go on a 20 minute walk. It can help reduce feelings of stress and anxiety.

The science shows that 20-30% of cases of depression could be prevented by people treating themselves to a walk.

Unfortunately 4 in 10 children in London are overweight or obese.

It is one of the highest levels in England.

Incredible Edible Streatham
Lambeth to Lambeth

These two trails take you on a voyage of discovery around the many green spaces and quiet outdoor spots in Streatham. On the map, we have highlighted places for children to play and enjoy Nature, places to grow food and places to eat. We hope it enables you to connect with your local community and get growing!

Incredible Edible Lambeth is a network of food growers, food entrepreneurs and food activists who are working to improve our communities.

Our motto is 'If you eat, you're in' - it's that simple. Everyone can get involved with us. Join our network today by signing up to become a member at www.incredibleediblelambeth.org

Membership is free and you will immediately be linked up with hundreds of other growers, green spaces, allotments, gardens, parks and more throughout the borough.

Get in touch:
www.incredibleediblelambeth.org
questions@incredibleediblelambeth.org
[facebook.com/incredibleediblelambeth](https://www.facebook.com/incredibleediblelambeth)
[instagram.com/incredibleediblelambeth](https://www.instagram.com/incredibleediblelambeth)
[youtube.com/incredibleediblelambeth](https://www.youtube.com/channel/UC8kLambeth)

Incredible Edible Streatham
Please refer to the map for the location listed

Trail one
Streatham South
1. Goodday Garden
2. Hillside Gardens Park
3. Lamercoast Estate
4. Streatham Wells Primary School
5. Palace Road Nature Garden
6. Palace Road Estate wild flower verge
7. St Martin's Chisle Way
8. St Upper Tulse Hill
9. Holmwood Gardens
(see also St Thomas' 10 min walk)
10. St Thomas' Community Garden
5956 steps = 4.54km

Trail two
Streatham South
1. Streatham Memorial
2. Streatham Common
3. The Rookery
4. Streatham Common Community Garden
5. Streatham Common-Part of the Great North Wood
6. Russell's Footpath
7. Lingale Woods
8. Valley Road Playing Fields
9. Sunnyhill Nature Garden
10. Westcott Road planters
11. Ralston Community Garden
4434 steps = 3.39km

Incredible Edible Stockwell
Lambeth to Lambeth

These two trails take you on a voyage of discovery around the many green spaces and quiet outdoor spots in Stockwell. On the map, we have highlighted places for children to play and enjoy Nature, places to grow food and places to eat. We hope it enables you to connect with your local community and get growing!

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[youtube.com/incredibleediblelambeth](https://www.youtube.com/channel/UC8kLambeth)

Incredible Edible Stockwell
Please refer to the map for the location of the projects listed

Trail one
1. Triangle Adventure Playground
2. Lambeth GP Food Coop, Grantham Practice
3. Stockwell Memorial
4. Stockwell Bus Garage
5. TARA Gardens
6. Dorset Road Living Walls
7. Tradesant's Forest Garden, South Lambeth Library
8. Herms Estate Gardens
9. Lambeth Park Play Area
10. Mowbray Farm
11. Spurgeon Street Secret Garden
12. Albert Terrace Street Planters
13. Tradesant Road Garden
14. Durant Gardens Forest
15. Van Gogh Walk
16. Slade Gardens Edible Playground
7 steps = 3.7km

Trail two
1. Lambeth Kiosk Garden, Edible Bus stop
2. Lambeth GP Food Coop, Grantham Practice
3. Stockwell Memorial
4. Stockwell Bus Garage
5. Maria's Garden on the Stubby Estate
6. Paradise Garden, Coade Court
7. Clasp Adventure Garden
8. Daste Nature Garden
9. Lambeth Park Community Garden
10. Lambeth Park
11. Union Grove Greenpace
12. Heathbrook School Guerrilla Garden
13. Eden Garden Clapham
14. Valley Road Allotments
15. Wandsworth Road Station Garden
7 steps = 5.3km

Incredible Edible Stockwell

Legend:
 Orchard
 Toilets
 Seating
 Playground
 Health Centre
 Pharmacy
 Church
 View

Map locations:
 1. Triangle Adventure Playground
 2. Lambeth GP Food Coop, Grantham Practice
 3. Stockwell Memorial
 4. Stockwell Bus Garage
 5. TARA Gardens
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Our latest projects

- Working with ARUP

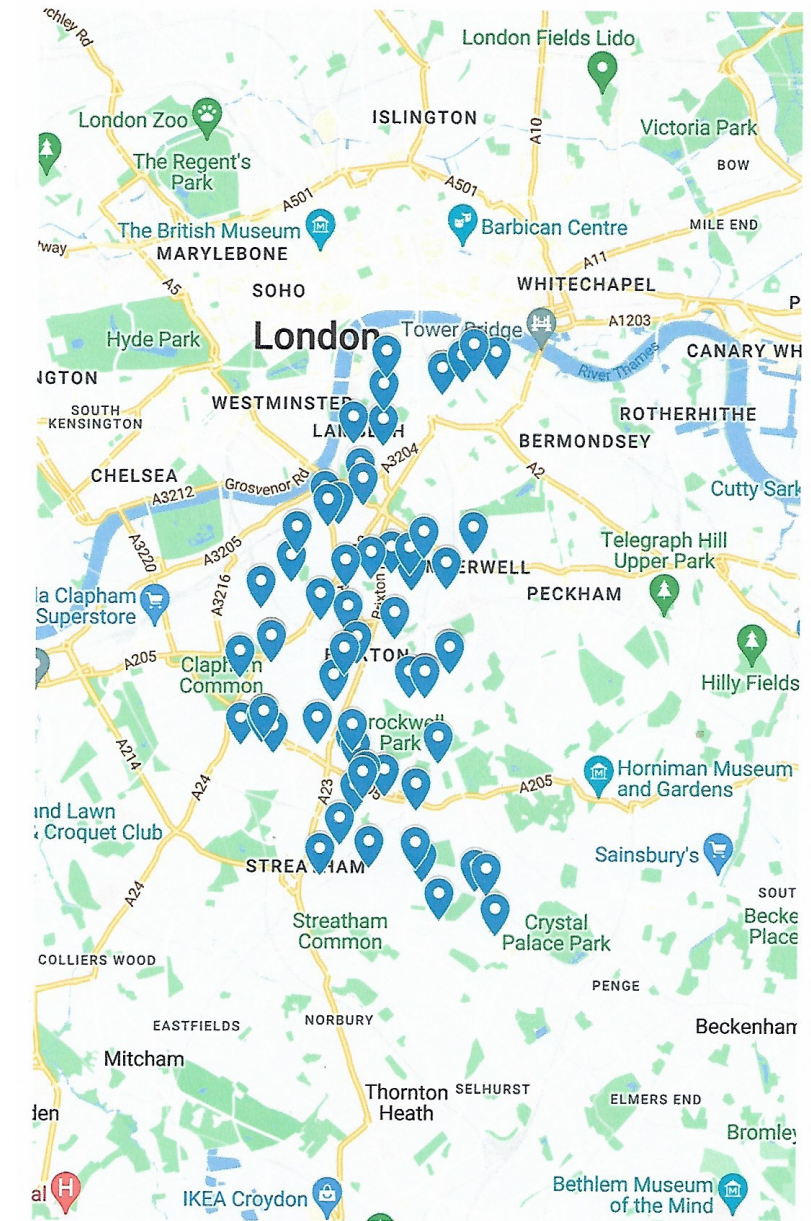
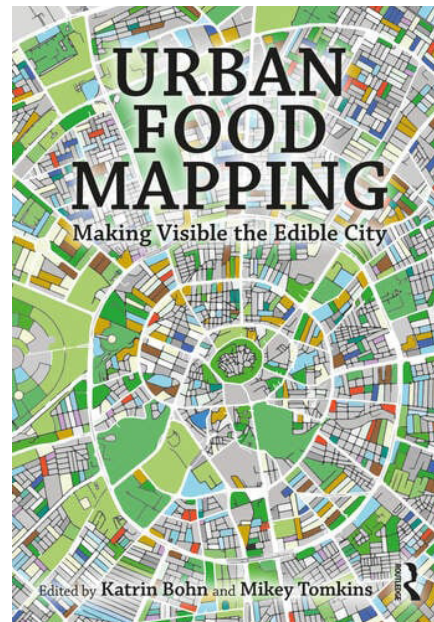
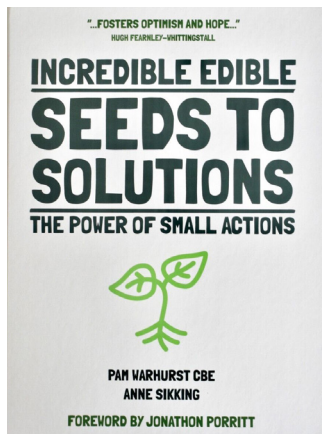
Project: invest in ARUP 2021-22 Lambeth Plots
ARUP Global Challenge 2022- ongoing

Funded by ARUP

Lambeth Plots: To map both digitally and ground based work to find and plot all the green spaces to grow in Lambeth, in line with Incredible Edible's national campaign on the Right to Grow food on land in the public realm, We were plotting areas of the greatest need overlaying with density and open spaces, this work led on to the Global Challenge.

Global Challenge: A world wide collaboration and framework for community growing. We were the 1st Developed country to win this prestigious funding. We are hoping to produce a template for how to find land take custody and grow on the land for all to benefit.

We are also mentioned in two books on growing food, Seeds to Solutions and Urban food mapping.



Our latest projects

- Lambeth Social Value Fund

Project: Biodiversity education within Lambeth on estates and public realm

Funded by Lambeth 2023-25

This project has not started yet, and we will be recruiting in the spring for either a full time post or two part time posts- we will keep you all informed - if you would like to apply let me know...

That is all from me for now
Any questions?